

SCOTTISH NORTH DISTRICT RELAY CHAMPIONSHIPS

Strathpeffer, Highland

HIGHLAND Hill Runners lifted their first title in the men's event, with Ross Bannerman and Frances Williams leading over the first two stages and Dave Cummins handing to anchor man Graeme Campbell in second. Campbell, with the fastest lap of the day, turned a 10-second deficit into a 20-second advantage over former champions Keith & District.

Melissa Whyte, Doreen Campbell and Julie Wilson had little trouble making it five women's wins on the trot for Inverness Harriers while the Stornoway Runners' young males made the long journey worthwhile when winning by just under a minute and Caithness took the girls' title by a similar margin.

Men (4x4km)

1 Highland Hill Runners 67:51 ((R Bannerman 17:00, F Williams 17:37, D Cummins 16:59, G Campbell 16:15); 2 Keith 68:11 (N Brown 17:15, R Arbuckle 17:32, J Goodall 16:49, M Stewart 16:35); 3 Moray Road Runners 69:45 ((G Sim 17:24, S Dobbs 17:59, C Green 17:46, R Gammack 16:36); 4 Forres H 72:24 (J Ward 18:00, D Cowie 36:33, K Douglas 18:25, A Ross 17:26); 5 Inverness H 74:21; 6 Stornoway RAC 75:44; 7 Highland Hill Runners B 81:16; 8 Stornoway RAC B 81:40; 9 Forres H B 86:24

Fastest: 1 G Campbell (High H) 16:15; 2 M Stewart (Keith) 16:35; 3 R Gammack (Moray) 16:36; 4 J Goodall (Keith) 16:49; 5 D Cummins (High H) 16:59; 6 R Bannerman (High H) 17:00

Young Athletes (U13; U15; U17; 3x2.5km)

1 Stornoway RAC 22:33 (C MacDonald 7:28, J Sinclair 7:29, R Jones 7:36); 2 Moray Road Runners 23:32 (J Christie 8:52, M Goodfellow 7:25, D Shand 7:15); 3 Caithness 23:34 (R Gollan 7:34, D Gardner 8:15, D Paterson 7:45); 4 Inverness H 23:47; 5 Ross County 23:52; 6 Forres H 24:03

Fastest

U17: 1 C Fife (I'ness) 7:04. **U15:** 1 C Campbell (I'ness) 7:23. **U13:** 1 C MacDonald (Storn) 7:28

Women (3x4km)

1 Inverness H 60:36 (M Whyte 18:35, D Campbell 21:04, J Wilson 20:57); 2 Moray Road Runners 63:48 (M MacGregor 23:08, M Green 20:25, L Davis 20:15); 3 Forres H 64:02 (J Nicol 23:17, S Evans 19:45, C Ward 21:00); 4 Highland Hill Runners 64:42

Fastest: 1 M Whyte (I'ness) 18:35; 2 N Todd (High H) 19:10; 3 S Evans (Forres) 19:45

Young athletes (U13; U15; U17;

3x2.5km)

1 Caithness 25:39 (E Mackay 9:04,
O Dunnett 8:28, E Dunnett 8:07); 2
Inverness H B 26:35 (H Campbell 9:00,
Y Gallagher 8:26, C Miller 9:09); 3
Moray Road Runners 26:52 (K Shand
10:38, B Wilson 8:43, G Cormack 7:31)
4 Inverness H 27:19; 5 East Sutherland
27:22; 6 Stornoway RAC 27:49

Fastest

U17: 1 G Cormack (Moray) 7:31. **U15:**
1 J Currie (E Suth) 8:20. **U13** 1 B Irvine
(I'ness) 8:46

North District Relays 2008

GIRLS

Team No	Club	1st Runner				2nd Runner				3rd Runner				
		Name	Position	Runner Time	Finish Time	Name	Position	Runner Time	Finish Time	Name	Position	Runner Time	Finish Time	
1	32	Caithness A	Erin Mackay (U13)	3	9.04	9.04	Oonagh Dunnett (U15)	2	8.28	17.32	Emma Dunnett (U15)	1	8.07	25.39
2	41	Inverness B	Heather Campbell (U13)	2	9.00	9.00	Yuka Gallagher (U15)	1	8.26	17.26	Corrin Miller (U15)	2	9.09	26.35
3	31	Moray Roadrunners	Kirsty Shand (U13)	11	10.38	10.38	Bethany Wilson (U15)	7	8.43	19.21	Gemma Cormack (U17)	3	7.31	26.52
4	40	Inverness A	Bethany Irvine (U13)	1	8.46	8.46	Paula Gass (U15)	4	9.20	18.06	Eilidh Black (U17)	4	9.13	27.19
5	38	East Sutherland A	Bathan Nadin (U13)	5	9.25	9.25	Jade Currie (U15)	3	8.20	17.45	Cara Fraser (U17)	5	9.37	27.22
6	35	Stornoway A	Allison MacInnes (U13)	7	10.07	10.07	Rebecca Munro (U15)	6	9.03	19.10	Aillis Murray (U15)	6	8.39	27.49
7	36	Stornoway B	Georgia MacLennan (U13)	4	9.16	9.16	Holly MacIver (U15)	5	8.59	18.15	Ceit Stewart (U17)	7	9.44	27.59
8	34	Caithness C	Shannon Evers (U13)	6	9.48	9.48	Lauren Lafferty (U13)	8	9.58	19.46	Leanne Evers (U15)	8	10.21	30.07
9	42	Inverness C	Iona Black (U13)	9	10.24	10.24	Arianne Ross (U13)	9	9.52	20.16	Alice Gordon (U15)	9	10.17	30.33
10	39	East Sutherland B	Bethany Sutherland (U13)	8	10.21	10.21	Eilidh MacRae (U13)	11	11.04	21.25	Arabella Kennard (U15)	10	10.14	31.39
11	33	Caithness B	Sarah Henderson (U13)	10	10.31	10.31	Sharon Mackay (U13)	10	10.20	20.51	Rebecca Manson (U17)	11	11.23	32.14

BOYS

Team No	Club	1st Runner				2nd Runner				3rd Runner				
		Name	Position	Finish Time	Runner Time	Name	Position	Finish Time	Runner Time	Name	Position	Finish Time	Runner Time	
1	56	Stornoway A	Campbell MacDonald (U13)	1	7.28	7.28	Josh Sinclair (U15)	1	14.57	7.29	Robert Jones (U15)	1	22.33	7.36
2	51	Moray Roadrunners	Jack Christie (U13)	8	8.52	8.52	Moray Goodfellow (U15)	3	16.17	7.25	Donald Shand (U17)	2	23.32	7.15
3	53	Caithness A	Ross Gollan (U13)	2	7.34	7.34	David Gardner (U15)	2	15.49	8.15	Duncan Paterson (U15)	3	23.34	7.45
4	59	Inverness Harriers A	Harry Barton (U13)	10	9.20	9.20	Craig Campbell (U15)	7	16.43	7.23	Christopher Fife (U17)	4	23.47	7.04
5	62	Ross County	Harry Richardson (U13)	6	8.25	8.25	Thomas Day (U15)	5	16.28	8.03	James MacPhail (U17)	5	23.52	7.24
6	52	Forres Harriers	Fraser Scott (U13)	3	8.06	8.06	Lewis Lyall (U15)	6	16.34	8.28	John Gillespie (U17)	6	24.03	7.29
7	57	Stornoway B	Stuart MacDonald (U13)	5	8.24	8.24	Duncan MacKeller (U15)	4	16.23	7.59	Robert Smith (U17)	7	25.11	8.48
8	54	Caithness B	Alasdair Cooper (U13)	4	8.19	8.19	Liam McAulie (U13)	8	17.46	9.27	Rob Murdoch (U15)	8	26.12	8.26
9	55	Caithness C	Dean Britton (U13)	9	9.02	9.02	Rorie Stewart (U13)	9	18.12	9.10	Sam O'Kane (U17)	9	27.05	8.53
10	58	East Sutherland	Sean Currie (U13)	11	9.35	9.35	Thomas Luxton (U13)	10	18.25	8.50	Glenn Murray (U15)	10	28.02	9.37
11	60	Inverness Harriers B	Connel MacDonald U13)	7	8.50	8.50	Ross Baxter (U13)	11	18.57	10.07				

LADIES

Team No		Club	1st Runner				2nd Runner				3rd Runner			
			Name	Position	Finish Time	Runner Time	Name	Position	Finish Time	Runner Time	Name	Position	Finish Time	Runner Time
1	5	Inverness Harriers	Melissa Whyte	1	18.35	18.35	Doreen Campbell	1	39.39	21.04	Julie Wilson	1	60.36	20.57
2	3	Moray Roadrunners	Melissa MacGregor	3	23.08	23.08	Michelle Green	3	43.33	20.25	Lynda Davis	2	63.48	20.15
3	2	Forres Harriers	Jackie Nicol	4	23.17	23.17	Siobhan Evans	2	43.02	19.45	Carrie Ward	3	64.02	21.00
4	1	Highland Hillrunners	Roxy Bannerman	2	20.22	20.22	Lorrain McLeod	4	45.32	25.10	Mari Todd	4	64.42	19.10

MENS

Team No	Club	1st Runner				2nd Runner				3rd Runner				4th Runner				
		Names	Position	Finish Time	Runner Time	Name	Position	Finish Time	Runner Time	Name	Position	Finish Time	Runner Time	Name	Position	Finish Time	Runner Time	
1	11	Highland Hillrunners A	Ross Bannerman	1	17.00	17.00	Frances Williams	1	34.37	17.37	Dave Cummins	2	51.36	16.59	Graeme Campbell	1	67.51	16.15
2	18	Keith & District	Nick Brown	2	17.15	17.15	Ross Arbuckle	2	34.47	17.32	John Goodall	1	51.36	16.49	Mike Stewart	2	68.11	16.35
3	15	Moray Roadrunners	George Sim	3	17.24	17.24	Simon Dobbs	3	35.23	17.59	Colin Green	3	53.09	17.46	Robbie Gammack	3	69.45	16.36
4	13	Forres Harriers A	James Ward	5	18.00	18.00	Doug Cowie	5	36.33	18.33	Kenny Douglas	5	54.58	18.25	Andy Ross	4	72.24	17.26
5	21	Inverness Harriers	Steve Worsley	4	17.53	17.53	Steve MacIntyre	4	36.32	18.39	Graeme Campbell	4	54.39	18.07	Jim Meehan	5	74.21	19.42
6	19	Stornoway A	Stuart Chalmers	6	19.09	19.09	Ross Munro	6	39.02	19.53	Donnie Macloed	6	57.31	18.29	Malcolm Bain	6	75.44	18.13
7	12	Highland Hillrunners B	Russell McKechnie	8	20.59	20.59	John McKechnie	9	42.07	21.08	Alex Brett	8	62.51	20.44	Simon Bath	7	81.16	18.25
8	20	Stornoway B	Coinneach Morrison	9	21.03	21.03	Gavin Earons	8	41.43	20.40	Iain Mackay	7	61.52	20.09	Andy McMahon	8	81.40	19.48
9	14	Forres Harriers B	Mark Ellis	7	20.11	20.11	Andrew Morgan	7	39.36	19.25	Mike Milmoie	9	63.33	23.57	Stew Burn	9	86.24	22.51
N/C	24	Peterhead N/C	Alan Reid	N/C	17.29	17.29	Alan Reid	N/C	36.30	19.01	Alan Reid	N/C	56.37	20.07	Alan Reid	N/C	76.59	20.22
N/C	22	Inverness N/C	George Mitchell	N/C	19.35	19.35												